



Leveraging Resources, Creating Opportunities, Keeping Promises

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### What is The SOURCE?

The SOURCE is a not-for-profit employee-support organization designed to help employees keep their jobs, receive training to enhance their employment, and help employees move into better positions within or across companies. The SOURCE works with employees from:

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American Autocoat  
Butterball Farms, Inc.  
Cascade Engineering  
Cascade Fresh Cleaning Co.  
Comfort Research  
Covenant Village of the Great Lakes  
Decc Co.  
Grand Rapids Foam Technologies  
Herman Miller Inc.  
Lumbermen's Inc.  
Pridgeon & Clay  
Proos Manufacturing Inc.  
Richwood Industries  
Spectrum Health, Environmental Services and Nutrition Services  
Spectrum Industries  
The Gluten Free Bar  
Vi-Chem Corp.  
WMCAT  
Wolverine Coil Spring  
Zeeland Lumber & Supply

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Please call us at [616.452.5295](tel:616.452.5295) for more information or feel free to stop by the office at any time. Our office is open 8:00 am to 4:30 pm Monday through Friday, but special arrangements may be made for after

### Congratulations Cascade Engineering!



Cascade Engineering has been rated, "**Best for the World**" by the nonprofit B Lab. B Lab certifies companies with positive environmental and social impact. The "Best for the World" designation is based on a comprehensive assessment administered by B Lab, called the B Impact assessment. The assessment measures a company's positive impact on the community, environment, workers, governance, and customers. Cascade Engineering was one of the companies that scored in the top 10 percent across all impact areas.

The SOURCE is honored that Cascade Engineering is a member company.

### Ride The Rapid Using a Smart Card!

You can now purchase The Wave card. The Wave card offers passengers a convenient way to ride The Rapid, using this new pay-as-you-go electronic card. You can now purchase a Wave card for a one-time fee of \$3, and then add funds (there is a \$5 minimum) through the app, website, phone, or at Rapid Central Station. If you need assistance purchasing The Wave card, call The SOURCE and a Resource Navigator will be happy to navigate the process with you.



hour appointments to best meet your needs.

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## The SOURCE will be closed Monday, September 3, 2018, and September, 28th, 2018.

### Tips for a Smooth Transition

The first day of school can be a nerve-racking day for students and parents. Follow these tips to ensure a smooth transition back into school.



- Confirm what time school begins and ends before the first day, and find out what time the bus will come in the morning.
- Arrange daycare for before and after school ahead of time.
- If your child will walk to and from school, find a safe route and practice it ahead of time. Discuss traffic safety and how to deal with strangers. See if your child can plan to walk to and from school with a student that lives close by.
- Start getting your child used to his or her new sleep schedule a week before school begins.
- Help your child pick out an outfit to wear the night before the first day of school. This will begin the day on a calm note.
- Make sure your child eats breakfast before school, and do not forget to plan for a lunch.
- Acknowledge the mixed feelings your child may be feeling. Stay positive and remind him or her of the fun, friends, and opportunities that a new school year brings.

### Free Family Events:

#### ArtPrize 10

Where: Downtown Grand Rapids, MI

When: Thursday, September 13, 2018- Sunday, October 7, 2018

What: Art from all around the world is displayed all over downtown. It's free and open to the public to enjoy the beautiful exhibits and scenery downtown. To learn more about ArtPrize or view the art entries and locations, visit [www.artprize.org](http://www.artprize.org)

#### Bully Prevention: Self Defense Classes

Where: Fighthouse MMA

6770 Old 28th St Sw Grand Rapids, MI 49504

When: Saturday, September 8, 2018 - 10:00-10:45 am (Ages 5-10)

### Board of Directors

The Source's Governing Board of Directors is comprised of leaders from our partner companies.

#### Executive Committee

Linda Grund, Chair  
Cascade Engineering

Bonnie Mroczek, Vice Chair  
Butterball Farms

Gina Triick, Treasurer  
Spectrum Industries

Shannon Hoyt, Secretary  
The DECC Co.

Diane Peacock, Executive  
Committee Member  
Wolverine Coil Spring

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Lourdes Flores  
Resource Navigator  
[lourdes@grsource.org](mailto:lourdes@grsource.org)

Chardonnay Henderson

Saturday, September 8, 2018 - 11:00 am-11:45 am (ages 11-16)

Resource Navigator  
chardonnay@grsource.org

What: This FREE class introduces ideas to gain confidence, enhance problem-solving skills, and learn some practical basic self-defense techniques. To learn more about their program visit [www.fighthousemma.com](http://www.fighthousemma.com)

Lucia Rios  
Resource Navigator  
lucia@grsource.org

**West Michigan Labor Fest**

When: Monday, September 3, 2018, 11:00 am - 5:00 pm

Where: Ah-Nab-Awen Park Downtown GR  
303 Pearl St Grand Rapids. MI 49504

Leticia Rodriguez  
Administrative Assistant  
info@grsource.org

What: Free Admission to Gerald R. Ford president Museum!  
Penny Throwing Contest, Free Rides on the Kiddie Ferris Wheel, Jump for free in the bouncy house, free rides on the Berry-Go-Round, create sidewalk chalk art, free country fresh ice cream, face painting and much more.



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**Our mailing address is:**

1409 Buchanan Ave SW, Grand Rapids, MI 49507

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